



WEEKLY EPIDEMIOLOGICAL BULLETIN

WEEK 51 - 2023

(18-24 December 2023)

Editorial message

Effective and efficient disease surveillance system contribute to the reduction of morbidity, disability and mortality from disease outbreaks and health emergencies.

This weekly bulletin presents the epidemiological status of the priority diseases, conditions, and events under surveillance in Rwanda. These data are useful to trigger a rapid response for rapid impact, actions and results oriented, a proactive preparedness, risk mitigation and prevention, intelligence, real-time information, and communication for decision making.

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Event Based Surveillance (EBS) Highlights:

- During the epidemiological week 51, one human death was notified through the electronic Community Event Based Surveillance System (eCEBS).
- One alert was identified through the Epidemic Intelligence from Open Source (EIOS):
 WHO warns mpox could spread around the world again

Indicator Based Surveillance (IBS) Highlights:

- o 166 immediate reportable diseases were notified by health facilities countrywide. These include the cases of acute flaccid paralysis (AFP), mumps, severe malaria; bloody diarrhea, measles/rubella, severe malaria, typhoid fever, cholera and chicken pox.
- o For 8 weekly reportable diseases and health events, a thorough analysis conducted for Epi Week 51 revealed that severe pneumonia for under 5 years surpassed the epidemic thresholds.
- A total of 52 deaths were reported through the electronic Integrated Disease Surveillance and Response (eIDSR) system. The majority of deaths were perinatal deaths and deaths of children under 5 years.

Outbreaks and events updates in week 51

Foodborne outbreak in Ruhango district

Completeness and timeliness

In Epi Week 51, the overall completeness and timeliness of surveillance data reporting in Rwanda was 98% and 80% respectively.



Description: Event Based Surveillance (EBS) is a type of public health surveillance system that detects and reports unusual health events or disease outbreaks in a timely manner. The system is designed to detect signals of potential public health threats and allow a rapid response to prevent or control the spread of diseases. RBC is implementing EBS through PHS&EPR Division.

Currently, an electronic Community Event Based Surveillance System (eCBS) and Epidemic Intelligence from Open Source (EIOS) are being used to detect and report events of public health importance from the community and media. The process for establishment of other types of EBS is still being on going.

COMMUNITY BASED SURVEILLANCE

During the Epi week 51, one human death was notified from community through eCBS:

1 death of a female of 76 years old, from Ngororero district, Kavumu sector, Rugeshi cell, Kabeza cell, she had an unkown disease and died at home after being discharged by hospital.

MEDIA SCAN

One alert from EIOS: WHO warns mpox could spread around the world again

As of 12/20/2023, seven months after the World Health Organization downgraded mpox from a global threat, an outbreak in Africa could go beyond the continent's borders. After a year in which nearly 90,000 people were infected with **mpox**, and 140 people died, the World Health Organization downgraded the disease in May 2023 from its status as a global health emergency. Mpox, formerly known as monkeypox, had spread rapidly in the third year of the COVID-19 pandemic when awareness of public health was at a maximum.

"Mpox continues to pose significant public health challenges that need a robust, proactive and sustainable response," said WHO chief, Tedros Adhanom Ghebreyesus, at the time. And he was right. By mid-December, the WHO was sounding the mpox alarm again. On December 15, the WHO warned that an epidemic of mpox in the Democratic Republic of Congo (DRC) could spread internationally, as a rise in sexual transmissions had been detected. Japan's health ministry reported two days earlier (December 13) that the country had seen its first fatality from mpox. There are ongoing outbreaks in Asia in Japan, Cambodia, Indonesia, Vietnam and China so, the case needn't have come from Africa. But Rosamund Lewis, the WHO's technical lead for mpox, said the organization was "concerned" about further international transmission from the DRC. There was a "rapidly expanding outbreak in the country," she explained, with more than 13,000 suspected cases of the disease more than 1,000 per month and up to or more than 600 deaths so far.

https://www.dw.com/en/who-warns-mpox-could-spread-around-the-world-again/a-67754081

WEEKLY UPDATES ON INDICATOR BASED SURVEILLANCE (IBS)

Description: Rwanda had implemented Indicator Based Surveillance according to the IDSR guidelines 3rd edition where approximately 45 priority diseases, health conditions and public health events are being monitored and reported from health facilities countrywide on a regular basis. Diseases that are prone to outbreaks are being reported immediately within 24 hours after detection while diseases that are considered as endemic are reported on weekly basis every Monday before midday.

A. IMMEDIATE REPORTABLE DISEASES – EPI WEEK 51

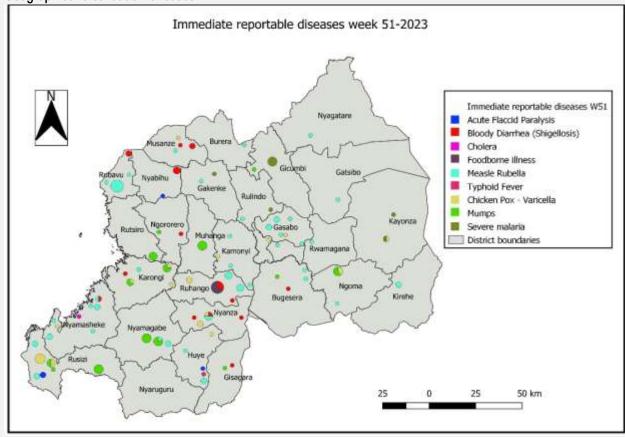
During this Epi week, 166 cases of immediate reportable diseases were notified:

- 26 cases of chicken pox were reported by 17 HFs. No HF crossed the threshold.
- 38 cases of mumps were reported by 14 HCs. No HF crossed the threshold.
- 20 suspected cases of bloody diarrhea (Shigellosis) were reported by 14 health facilities. For samples sent to NRL in the previous week 50, no sample was tested positive for shigella dysenteriae.
- 61 suspected cases of Measles/Rubella were reported by 39 HCs, the samples were taken and sent to NRL, results are pending.
- 9 cases of severe malaria were reported by 4 health facilities, including Byumba DH, Nemba DH, Rutongo DH, Rwinkwavu DH and Kageyo I (Kayonza in Gahini DH).
- 1 suspected case of typhoid fever was reported by CHUB, the sample was sent to laboratory for testing, the result was positive, the patient was admitted in hospitalization, treated, cured and discharged.
- 4 cases of acute flaccid paralysis were reported by 3 health facilities: Huye police HC, Kabaya DH and Mushaka HC (Mibilizi DH).
- 6 cases of foodborne illnesses were reported in Ruhango HC.
- ## cholera....is missing here

Notes:

- For the diseases whose cases crossed the thresholds, District Hospitals are recommended to strengthen surveillance, investigate and reinforce control measures accordingly. Concerned hospitals include: Kabutare DH, CHUB, Kabaya DH, Mibilizi DH, Byumba DH, Nemba DH, Rutongo DH, Rwinkwavu DH
- All confirmed cases and suspected cases had been managed at the health facility level.

Geographical distribution of cases:



Distribution of immediate reportable diseases in Epi week 51

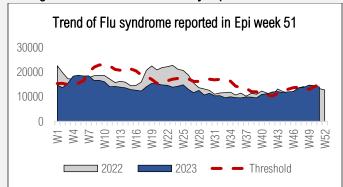
B. WEEKLY REPORTABLE DISEASES – EPI WEEK 51

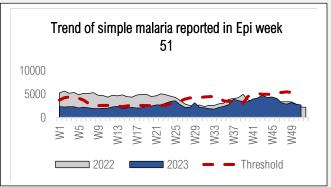
Description: In Rwanda, after the adaptation of the IDSR guidelines 3rd edition, eight diseases events are being reported and analyzed on a weekly basis. These include flu syndrome, simple malaria, severe pneumonia for under 5 years, non-bloody diarrhea for under 5 years, COVID-19, dog bites, brucellosis, and trypanosomiasis. The monitoring trends of these weekly reportable diseases or health events helps to detect an unusual increase early.

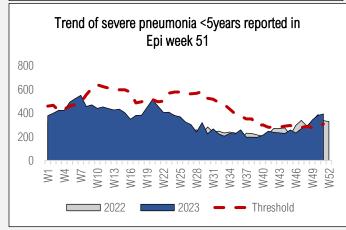
In Epi Week 51, a thorough analysis was conducted, comparing the number of reported cases of the eight diseases monitored on a weekly basis to their respective epidemic thresholds. The results of the analysis revealed that severe pneumonia for under 5 years surpassed the epidemic threshold, especially in the following hospitals: Gihundwe DH, Gisenyi DH, Kirehe DH, Kirinda DH, Masaka DH, Mibilizi DH, Muhororo DH, Remera Rukoma DH, Ruhango PH and Rwinkwavu DH.

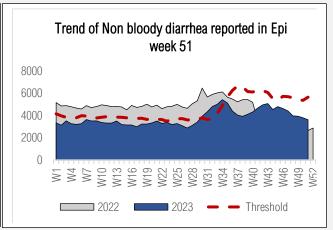
Note: for severe pneumonia of under 5 years which had the cases that crossed the thresholds, the concerned hospitals are recommended to investigate.

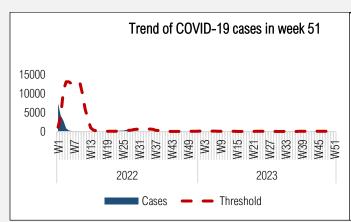
The figures below show the weekly reportable diseases trends:

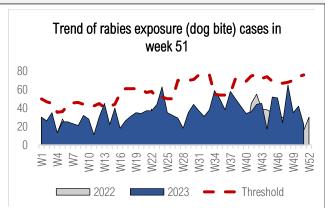






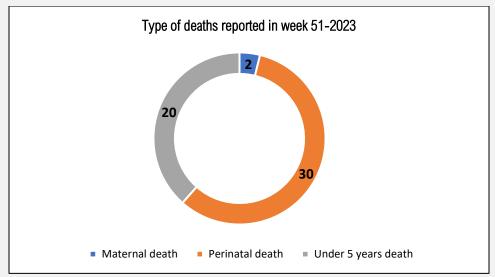






C. DISTRIBUTION OF REPORTED DEATHS IN eIDSR – EPIDEMIOLOGICAL WEEK 51

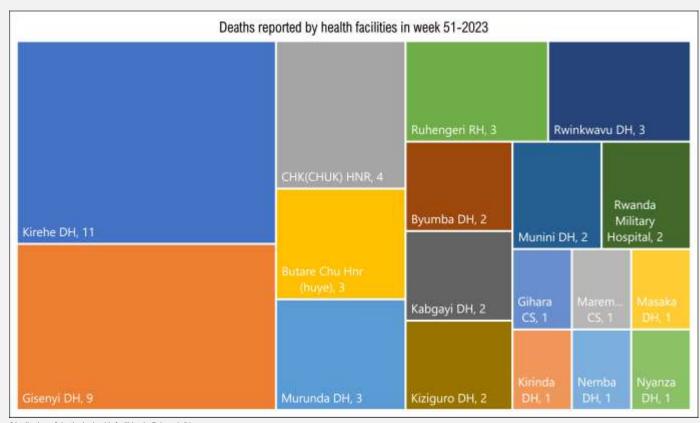
As summarized in the Pie Chart below, a total number of 52 deaths were reported through the electronic Integrated Disease Surveillance and Response (eIDSR) system. Among these deaths, 30 (58%) were perinatal, 20 (38%) were deaths of children under 5 years old (included 2 deaths due to severe pneumonia of under 5 children, and 2 (4%) maternal deaths.



Cause of deaths declared in epi week 51

52 deaths were reported from various catchment areas as follow:

- 11 deaths were reported by Kirehe DH; including 8 perinatal deaths, and 3 deaths of under 5 years.
- 9 deaths were reported by Gisenyi DH; including 5 perinatal and 4 deaths of under 5 years (including 1 death due to severe pneumonia)
- 3 deaths were reported respectively by CHUB, Ruhengeri RH, Rwinkwavu DH and Murunda DH
- 2 deaths were reported respectively by Byumba DH, Munini DH, Kabgayi DH, Rwanda Military Hospital and Kiziguro DH
- 1 death was reported respectively by Kirinda DH, Masaka DH, Nemba DH, Nyanza DH, Gihara HC,
 Marembo HC



Distribution of deaths by health facilities in Epi week 51

OUTBREAK AND EVENT UPDATES IN EPIDEMIOLOGICAL WEEK 51

FOODBORNE OUTBREAK IN RUHANGO DISTRICT RUHANGO SECTOR, NYANGONA CELL, NGURUKIZI VILLAGE

Confirmed cases	0	Date reported:	December 23, 2023	Risk assessment	Low
Suspected cases	6	Source:	eIDSR		
Death(s)	0	District/HFs:	Ruhango HC/ Ruhango PH		
Total cases	6	Geoscope:	Low		

Outbreak description:

On 23th Dec, 2023, 6 cases of the same family from Ngurukizi Village, Nyangona cell, Ruhango sector consulted Ruhango HC with abdominal pain, nausea, vomiting and diarrhoea after eating spoiled potatoes, pumpkin (Ibirayi n'imyungu bigaze) and beans (cooked in the last 3 days) at their home.

Interventions conducted:

- All cases were treated at HC and discharged
- Health education related to food safety
- Case notification via IDSR system

eIDSR REPORTS COMPLETENESS & TIMELINESS EPIDEMIOLOGICAL WEEK 51

In Rwanda, eIDSR reports completeness and timeliness are scored as follow:

- ♣ Greater or equal to 80%: High,
- **♣** Between 60% and 79%: Moderate,
- Less than 60%: Low.

In the Epi Week 51, the overall completeness and timeliness of disease surveillance data reporting in Rwanda was 98% and 80%, respectively. With regards to completeness of surveillance reports, many hospitals had a high completeness (>80%). However, one hospital had a moderate completeness (Kibagabaga DH) and two hospitals had a low completeness (Rwanda Military Hospital and King Faysal Hospital). For the timeliness, the overall score was 80%. However, ten hospitals had a moderate timeliness score (Kirehe DH, Ngarama DH, Gatunda DH, Rwinkwavu DH, Gatonde DH, Kinihira PH, Ruhengeri RH, Nyanza DH, Kibogora DH, Muhima DH), while eight hospitals had a low timeliness score (Gahini DH, Butaro DH, Gitwe DH, Kabgayi DH, Kabutare DH, Bushenge PH, Kibagabaga DH, Nyarugenge DH, Rwanda Military Hospital, King Faysal Hospital, Kacyiru DH and CARAES Ndera). **Notes:** The health facility that did not have a high score for the completeness and timeliness had been recommended to improve the reporting by submitting weekly surveillance reports not later than Monday before 12:00.

Details on completeness and timeliness for all health facilities are showed in the figures below.

