



WEEKLY EPIDEMIOLOGICAL BULLETIN WEEKLY EPIDEMIOLOGICAL BULLETIN

(04-10 September 2023)

Editorial message

Effective and efficient disease surveillance system contribute to the reduction of morbidity, disability and mortality from disease outbreaks and health emergencies.

This weekly bulletin presents the epidemiological status of the priority diseases, conditions, and events under surveillance in Rwanda. These data are useful to trigger a rapid response for rapid impact, actions and results oriented, a proactive preparedness, risk mitigation and prevention, intelligence, real-time information, and communication for decision making.

Authors: Public Health Surveillance & Emergency Preparedness and Response Division

KEY EPIDEMIOLOGICAL HIGHLIGHTS EPIDEMIOLOGICAL WEEK 36

Event Based Surveillance (EBS) Highlights:

- During the epidemiological week 36, four alerts were notified through the electronic Community Event Based Surveillance System (eCBS), there were 4 human deaths.
- o Two alerts were identified through the Epidemic Intelligence from Open Source (EIOS):
 - Africa battling 125 disease outbreaks, says WHO
 - South Africa's Measles Outbreak Reignites in Gauteng Province

Indicator Based Surveillance (IBS) Highlights:

- o 356 immediate reportable diseases were notified by health facilities countrywide. They included the cases of acute flaccid paralysis (AFP), foodborne illness, mumps, severe malaria; bloody diarrhea, measles/rubella, cholera, bacterial miningitis and chicken pox,
- 8 weekly reportable diseases and health events are being reported on weekly basis, they include flu syndrome, simple malaria, severe pneumonia for under 5 years, non-bloody diarrhea for under 5 years, COVID-19, dog bites, brucellosis, and trypanosomiasis. A thorough analysis conducted for Epi Week 36 revealed that no disease crossed the epidemic threshold.
- A total of 52 deaths were reported through the electronic Integrated Disease Surveillance and Response (eIDSR) system. The majority of deaths were classified as perinatal deaths and deaths of children under 5 years.

Outbreaks updates in week 36

Ongoing outbreak:

Foodborne illness outbreaks in Rwamagana district, Munyiginya sector, Bwana cell, Rwamugurisu Village

Completeness and timeliness

In Epi Week 36, the overall completeness and timeliness of surveillance data reporting in Rwanda was 99% and 97%, respectively.

WEEKLY UPDATES ON EVENT BASED SURVEILLANCE (EBS) EPIDEMIOLOGICAL WEEK 36

Description: Event Based Surveillance (EBS) is a type of public health surveillance system that detects and reports unusual health events or disease outbreaks in a timely manner. The system is designed to detect signals of potential public health threats and allow a rapid response to prevent or control the spread of diseases. RBC is implementing EBS through PHS&EPR Division.

Currently, an electronic Community Event Based Surveillance System (eCBS) and Epidemic Intelligence from Open Source (EIOS) are being used to detect and report events of public health importance from the community and media. The process for establishment of other types of EBS is still being on going.

COMMUNITY BASED SURVEILLANCE

During the Epi week 36, four alerts were received from community:

4 alerts of Human deaths:

- 2 alerts from Ngororero District
- 1 alert from Karongi District
- 1 alert from Nyagatare district

MEDIA SCAN

During the Epi week 36, two alerts were received through Epidemic Intelligence from Open Source (EIOS):

Africa battling 125 disease outbreaks, says WHO

The Senior Adviser of the World Health Organisation Global Joint External Evaluation Secretariat, Dr Hendrick Ormel, said there were 125 disease outbreaks currently in the WHO African region. He listed the diseases to include Covid-19, cholera, yellow fever, mpox, measles, wild poliovirus and circulating vaccine-derived poliovirus. Ormel also said 20 human-made and natural disasters, including cyclones, drought, conflicts, floods and civil unrest were currently on in Africa.

The countries in the WHO African region are Algeria, Angola, Benin, Botswana, Burkina Faso, Burundi, Cape Verde, Cameroon, Central African Republic, Chad, Comoros, Congo, Cote d'Ivoire, Democratic Republic of Congo, Equatorial Guinea, Eritrea, Eswatini, Ethiopia, Gabon, Gambia, Ghana, Guinea and Guinea-Bissau. Others are Kenya, Lesotho, Liberia, Madagascar, Malawi, Mali, Mauritania, Mauritius, Mozambique, Namibia, Niger, Nigeria, Rwanda, Sao Tome and Principe, Senegal, Seychelles, Sierra Leone, South Africa, South Sudan, Togo, Uganda, United Republic of Tanzania, Zambia and Zimbabwe.

However, Nigeria is battling multiple disease outbreaks like Covid-19, measles, mpox, yellow fever, Lassa fever, meningitis, cholera, diphtheria, and anthrax, among others. Speaking with our correspondent, Ormel stated that poverty and increased interaction between animals and humans were some of the reasons for the multiple outbreaks.https://punchng.com/africa-battling-125-disease-outbreaks-says-who/

South Africa's Measles Outbreak Reignites in Gauteng Province

The Republic of South Africa's year-long battle against measles outbreaks continues in September 2023. In the past weeks (week 34 up until week 35), 17 laboratory-confirmed measles cases were detected across the country from four of the eight provinces. As of September 2, 2023, Gauteng province reported most of the cases (11), Limpopo reported three, Kwa-Zulu Natal reported two, and North West reported one case. Measles is highly contagious. Around 90% of people who are not protected will become infected following exposure to the virus.

The National Institute for Communicable Diseases (NICD) criteria for declaring the measles outbreak was met in the Northern Cape province in week 15, the North West province in week 24, and the Free State province in week 25. Since late 2022, the NICD has tested 6,816 serum samples for measles, of which 1160 (17%) were confirmed positive. The NICD has implemented numerous vaccination programs throughout the measles outbreaks and continue in September 2023. According to the U.S. Centers for Disease Control and Prevention (CDC), India leads all other countries over the past year with about 57,000 cases. In addition, the CDC published a global Travel Health Notice on June 29, 2023, highlighting various measles outbreaks.

https://www.vaxbeforetravel.com/2023/09/10/south-africas-measles-outbreak-reignites-gauteng-province

WEEKLY UPDATES ON INDICATOR BASED SURVEILLANCE (IBS) EPIDEMIOLOGICAL WEEK 36

Description: Rwanda has been implemented Indicator Based Surveillance according to the IDSR 3rd guidelines where approximately 45 priority diseases, health conditions and public health events are being monitored and reported from health facilities countrywide on a regular basis. Diseases that are prone to outbreaks are being reported immediately within 24 hours after detection while diseases that are considered as endemic are reported on a weekly basis, every Monday before midday.

A. IMMEDIATE REPORTABLE DISEASES – EPI WEEK 36

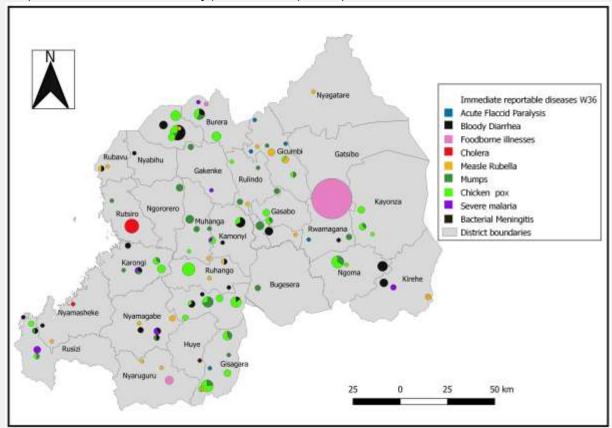
During Epi week 36; 356 cases of immediate reportable diseases were notified. They included:

- 94 cases of chicken pox were reported by 32 health facilities, included 1 HC that crossed the threshold:
 Muyunzwe HC that reported respectively 10 cases.
- 53 cases of mumps reported by 29 HCs, no HC crossed the threshold.
- o 101 cases of foodborne illness were reported by 2 health facilities, included 4 cases of foodborne illness from Coko (Ruli)HC, occurred during the week 34, then reported with the delay, 79 cases were reported in Munyiginya HC, all 79 cases described below were reported in IDSR and this HC crossed the threshold.
- o 54 suspected cases of bloody diarrhea reported by 24 HCs
- 25 suspected cases of Measles/Rubella were reported by 20 health centers, and the laboratory results were pending.
- o 11 confirmed cases of severe malaria reported by 7 health facilities and they crossed the alert threshold: Kigeme DH, Kirehe DH, Kibilizi DH, Cyanika (Burera)HC, Musango HC, Kivumu HC(Muhanga) and Nyange(Ruli) HC.
- o 5 suspected cases of acute flaccid paralysis reported by 5 health facilities that crossed alert threshold: Kibilizi DH, Nyakaliro HC, Miyove HC, Bwisige HC, and Rubaya (Gicumbi) HC.
- o 13 cases of cholera confirmed by RDT were reported and crossed the alert thresholds.12 cases from Iwawa HC and 1 in Kibogora DH. The culture results from those samples were negative, then the cases were taken as probable cases, the persons were treated and cured.
- 1 suspected case of bacterial meningitis reported by CHUB, the sample was not taken.

Notes:

For the diseases whose cases crossed the thresholds are recommended to conduct the investigation

- requiring laboratory confirmation, the samples were collected and sent to the National Reference Laboratory for testing, but for bacterial meningitis, the sample has to be taken for confirmation next time.
- ➤ All confirmed cases and suspected cases had been managed at health facility level. (See the distribution of cases by place in the map below)

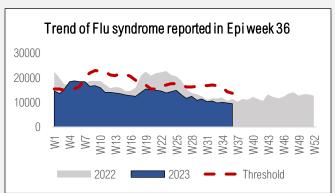


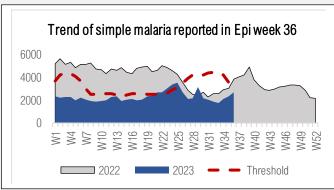
Distribution of immediate reportable diseases in Epi week 36

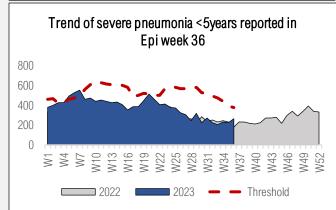
B. WEEKLY REPORTABLE DISEASES – EPI WEEK 36

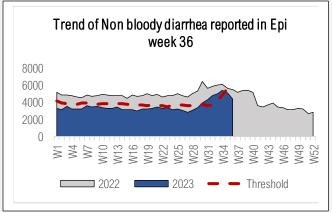
Description: In Rwanda, after the adaptation of the IDSR 3rd edition, eight diseases & events are being reported and analyzed on a weekly basis. These include flu syndrome, simple malaria, severe pneumonia for under 5 years, non-bloody diarrhea for under 5 years, COVID-19, dog bites, brucellosis, and trypanosomiasis. The monitoring trends of these weekly reportable diseases or health events helps to detect an unusual increase early.

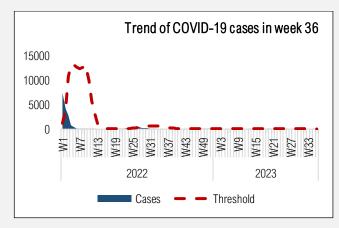
In Epi Week 36, a thorough analysis was conducted, comparing the number of reported cases of the eight diseases monitored on a weekly basis to their respective epidemic thresholds. The results of the analysis revealed that no disease crossed the epidemic threshold.

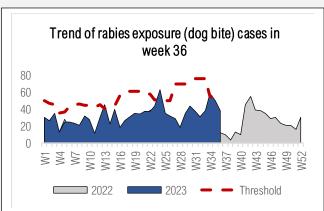






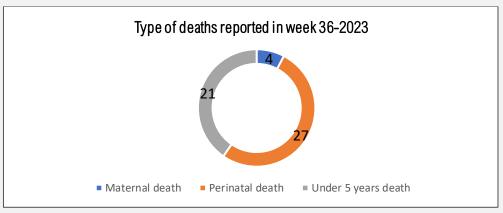






C. DISTRIBUTION OF REPORTED DEATHS IN eIDSR – EPIDEMIOLOGICAL WEEK 36

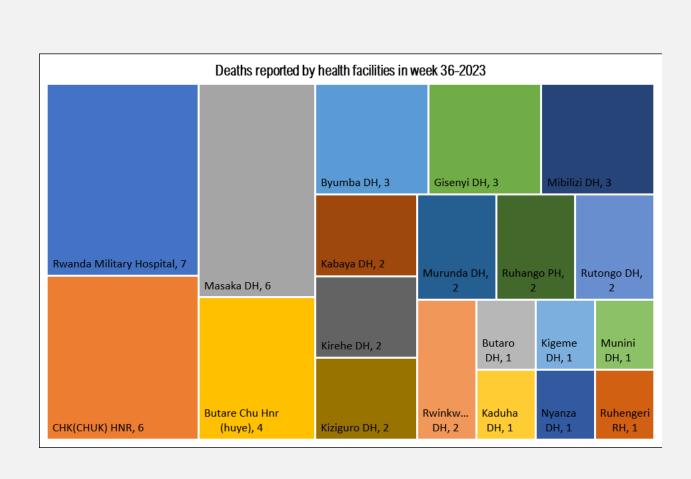
In Epi week 36, as summarized in the Pie Chart below, a total number of 52 deaths were reported through the electronic Integrated Disease Surveillance and Response (eIDSR) system. Among these deaths, 27(52%) were classified as perinatal, 21 (40%) were deaths of children under 5 years old and 4(8%) maternal deaths.



Cause of deaths declared in epi week 36

Deaths were reported from various catchment areas as follow:

- 7 deaths were reported in Rwanda military hospital
- 6 deaths were reported respectively in CHUK and Masaka DH
- 4 deaths were reported in CHUB
- 3 deaths were reported respectively in Byumba DH, Gisenyi DH and Mibirizi DH
- 2 deaths were reported respectively in Kabaya DH, Kirehe DH, Kiziguro DH, Murunda DH, Ruhango PH, Rutongo DH and Rwainkwavu DH
- 1 death was reported respectively in Butaro DH, Kaduha DH, Kigeme DH, Munini DH, Nyanza DH and Ruhengeri RF.



OUTBREAK AND EVENT UPDATES EPIDEMIOLOGICAL WEEK 36

1. FOODBORNE ILLNESS OCCURRED IN RWAMAGANA DISTRICT, MUNYIGINYA SECTOR, BWANA CELL, RWAMUGURISU VILLAGE

Low

| Confirmed cases | 0 | Date reported: | September 10, 2023 | Risk assessment |
|-----------------|----|----------------|----------------------------|-----------------|
| Suspected cases | 79 | Source: | elDSR | |
| Death(s) | 0 | District/HFs: | Munyiginya HC/ Rwamagan PH | |
| Total cases | 79 | Geoscope: | Low | |

Outbreak description:

On 10/09/2023, patients consulted in Munyiginya HC with similar symptoms of abdominal pain, diarrhea, and vomiting following the consumption of sorghum beer (ikigage) in a wedding ceremony held on 09/09/2023. A total of 79 patients were recorded; among them 7 were transferred to Rwamagana PH. The possible cause of the food poisoning was the sorghum beer.

Interventions conducted:

- Case management of the patients

eIDSR REPORTS COMPLETENESS & TIMELINESS EPIDEMIOLOGICAL WEEK 36

In Rwanda, eIDSR reports completeness and timeliness are scored as follow:

- Greater or equal to 80%: High,
- ♣ Between 60% and 79%: Moderate,
- Less than 60%: Low.

In the Epi Week 36, the overall completeness and timeliness of disease surveillance data reporting in Rwanda was 99% and 97%, respectively. With regards to completeness of surveillance reports, all hospitals had the high completeness (>80%), that was to be appreciated.

For the timeliness, the overall score was 97%, almost all hospitals had the high timeliness (>80%), except Rwanda military hospital that had a low timeliness score ().

Notes: The health facilities that did not have a high score for the timeliness had been recommended to improve the reporting by submitting weekly surveillance reports not later than Monday before 12:00. Details, on completeness and timeliness for all health facilities are showed in the figure below.

